

MEADOWPARK NURSERY MENU-WEEK ONE

WEEK1	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Sultanas and Cheese	Banana and Apple	Pear and Melon	Grapes and Cheese	Satsumas and Raisins
Lunch	Macaroni Cheese, Salad and Garlic Bread	Lamb Passata, Couscous and Sweetcorn	Fish portion, potato wedges and peas	Sausage, Mashed Potato and Baked Beans	Lasagne, Broccoli and Garlic Bread
Vegetarian Alternative		Quiche	Vegetable fingers	Vegetable Sausage	Vegetable Lasagne
Non Dairy	Tomato Pasta	-		-	-
Dessert	Yoghurt	Iced Sponge	Banana and Custard	Chocolate Chip Cookies	Rice Pudding
Non-Dairy	Fruit	-	Banana	Non-dairy Cookies	Fruit
Snack	Pitta Bread and Carrot Sticks	Cucumber and Oatcakes	Buttered Crackers and Cheese	Rice Cakes, Peppers and Cucumber	Malt Loaf and Carrot Sticks
Tea	Sausage Rolls and Pepper Sticks	Chicken or Cheese Wraps and Carrot Sticks	Ham or Marmite Rolls and Cucumber	Cream Cheese or Turkey Sandwich and Pepper Sticks	Pizza Style Rolls and Carrot Sticks
Pudding	Chocolate Crispy Cakes	Yoghurt	Apples	Banana	Melon
Non- Dairy	-	Fruit	-	-	-
Vegetarian Alternative	Cheese and Onion Rolls	Marmite Wraps	Jam Rolls	Marmite Sandwich	-
Non-Dairy	Jam Sandwich	Marmite Wraps	-	Marmite Sandwich	Sandwich

MEADOWPARK NURSERY MENU - WEEK TWO

WEEK2	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Apples and Pears	Satsuma and Raisins	Melon and Cheese	Banana and Grapes	Cheese and Pineapple
Lunch	Fish Fingers, Chips and Spaghetti Hoops	Pizza Wedges and Baked Beans	Roast Chicken, Roast Potatoes, Farmhouse Mixed Vegetables and Stuffing	Jacket Potato, Cheese and Baked Beans	Beef Chilli and Rice
Vegetarian Alternative	Vegetable Fingers		Cheese and Onion Pasty		Paneer Chilli
Non Dairy					
Dessert	Flapjack made with non-dairy Butter	Jelly with fruit pieces	Yoghurt	Marble Cake and Custard	Ginger Cookies
Non-Dairy			Fruit	No Custard	Non-Dairy Cookies
Snack	Oatcakes and Carrot Sticks	Malt Loaf and Cucumber	Pitta Bread and Pepper Sticks	Buttered Crackers and Carrot Sticks	Breadsticks and Cucumber
Tea	Chicken or Jam Wraps and Cucumber	Sausage Rolls and Carrot Sticks	Ham or Marmite Sandwiches and Carrot Sticks	Turkey or Cheese Rolls and Cucumber	Cheese Swirls and Pepper Sticks
Pudding	Banana	Apple	Pears	Melon	Grapes
Non-Dairy	-	Marmite or Jam Swirls			
Vegetarian Alternative	Cheese Wraps		Jam Sandwich	Marmite Rolls	Cheese and Onion Rolls
Non-Dairy	-		-	-	-

MEADOWPARK NURSERY MENU - WEEK THREE

WEEK3	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Melon and Grapes	Pear and Banana	Apples and Grapes	Cheese and Sultanas	Satsumas and Banana
Lunch	Cheese and Tomato Pasta, Salad and Garlic Bread	Pork and Lentil Stew, Rice and Peas	Cottage Pie, Yorkshire Puddings and Sweetcorn	Chicken Curry and Rice	Pizza Wedges and Baked Beans
Vegetarian Alternative		Vegetable and Lentil Stew	Quorn Mince	Vegetable Tikka Masala	
Non Dairy			-		
Dessert	Ice Cream	Apple Crumble and Custard	Iced Sponge	Yoghurt	Carrot Cake
Non-Dairy	Non-Dairy Ice Cream	No Custard		Fruit	
Snack	Oakcakes and Carrot Sticks	Cucumber and Peppers	Buttered Crackers and Carrot Sticks	Malt Loaf and Cheese	Pitta Bread and Cucumber
Tea	Turkey or Marmite Rolls and Carrot Sticks	Cheese Swirls and Carrot Sticks	Chicken or Cheese Wraps and Cucumber	Ham or Jam Sandwiches and Peppers	Sausage Rolls and Carrot Sticks
Pudding	Yoghurt	Grapes	Banana	Pears	Melon
Non-Dairy	Fruit	Jam or Marmite Swirls	Jam or Marmite Wraps		-
Vegetarian Alternative	Cheese Wraps	Jam or Marmite Swirls	Jam or Marmite Wraps	Marmite Sandwich	Cheese and Onion Rolls
Non-Dairy	-	-	-	-	-